

# Zachary Martial Arts

## Gracie United Zachary

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Home School Program 10:00 am – 10:45am (5yrs-12yrs)		Home School Program 10:00 am – 10:45am (5yrs-12yrs)		
Kids Jiu-Jitsu 5:30-6:10 (5yrs-8yrs)		kids Kickboxing/Boxing/MMA 5:00-5:45 (5yrs-8yrs)		Kids Jiu-Jitsu No Gi 5:00-5:45 (5yrs-8yrs)	\
Junior Jiu-Jitsu 6:10-6:55 (9-12yrs)	Kinder Jiu-Jitsu 5:00pm-5:30pm (3-4 yrs)	Junior Kickboxing/Boxing/MMA 5:45-6:30 (9-12yrs)	Kinder Jiu-Jitsu 5:00pm- 5:30pm (3-4 yrs)	Junior Jiu-Jitsu No Gi 5:45-6:30 (9-12yrs)	Kids Kickboxing/Boxing/MMA 9:00-10:00 (5-8yrs)
Teens/Adults Jiu-Jitsu 6:55-7:40 (13+)	kids Jiu-Jitsu 5:30-6:10 (5yrs-8yrs)	Teens/Adults Kickboxing/Boxing/MMA 6:30-7:15 (13+)	kids Jiu-Jitsu 5:30-6:10 (5yrs-8yrs)	Women Only Jiu Jitsu 6:30-7:15 (13+)	Junior Kickboxing/Boxing/MMA 10:00-11:00 (9yrs – 12yrs)
	Junior Jiu-Jitsu 6:10-6:55 (9-12yrs)		Junior Jiu-Jitsu 6:10-6:55 (9-12yrs)		Teens/Adults Kickboxing/Boxing/MMA 11:00-12:00
	Teens/Adults Jiu-Jitsu 6:55-7:40 (13+)		Teens/Adults Jiu-Jitsu 6:55-7:40 (13+)		
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2060 Church Street  
Zachary, LA  
225.436.4198

**This Schedule is subject to change – Please check Class Calendar for changes to Schedule**  
**For the benefit of each student, YOU will only be allowed to attend your scheduled classes**

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